



Recreation Modified Rules

	U6	U7-8	U9-10	U11	U12	U13	U14-16	U17-19
Max Field Size (Yds)	30 L 20 W	25/35 L 15/25 W	55/65 L 35/45 W	70/80 L 45/55 W	70/80 L 45/55 W	100/120 L 50/80 W	100/120 L 50/80 W	100/120 L 55/80 W
Numbers of Refs	1	1	1	3	3	3	3	3
Number of Players	4v4	4v4	7v7	9v9	9v9	11v11	11v11	11v11
Minimum Number of Players		4	5	6	6	7	7	7
Goal Keeper	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Playing Time	4 x 8 min Quarters	4 x 10min Quarters	2 x 25min Halves	2 x 30min Halves	2 x 30min Halves	2 x 35min Halves	2 x 40min Halves	2 x 45min Halves
Half-Time	N/A	N/A	5min	10min	10min	10min	10min	10min
Ball Size	3	3	4	4	4	5	5	5
Offside	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Substitutes	Injuries & Quarters	Injuries & Quarters	At Any Stoppage	At Any Stoppage	At Any Stoppage	At Any Stoppage	At Any Stoppage	At Any Stoppage
Fouls (Type of Kick)	Indirect Free Kicks	Indirect Free Kicks	Indirect Direct Free Kicks	Indirect Direct Free Kicks	Indirect Direct Free Kicks	Indirect Direct Free Kicks	Indirect Direct Free Kicks	Indirect Direct Free Kicks
Free Kick Clearance	6 yds	10 ft	8 yd	8 yd	8 yd	10 yd	10 yd	10 yd
Throw-In	1 Rethrow	1 Rethrow	Normal	Normal	Normal	Normal	Normal	Normal
Penalty Kicks	None	None	Yes (Mark 10 yds)	Yes (Mark 10 yds)	Yes (Mark 10 yds)	Yes (Mark 12 yds)	Yes (Mark 12 yds)	Yes (Mark 12 yds)
Penalty Area (yds)	None	None	12x24	14x36	14x36	18x44	18x44	18x44
Goal Area (yds)	Optional 3x8	3x8	4x8	5x16	5x16	6x20	6x20	6x20
Heading	No	No	No	No	As per the Laws of the Game	As per the Laws of the Game	As per the Laws of the Game	As per the Laws of the Game

- Note on Substitutes: All Recreation players present must play at least half of the game.
- U 9/10 – Field will have build out lines. Please review the hand out about playing with Build out Lines.